Top 5 Student Insurance Claims Reported in 2017

Mental Health

Rx

Immunizations

Office Visits

Gynecological Visits According to NBC News, being away from home for the first time, access to alcohol and drugs and the rigorous demands of academic life can all lead to anxiety and depression for college students.

It is important that students still have their regular medications available when they go to school away from home. It is necessary that students transfer their prescriptions to their new local pharmacy.

Most colleges and universities require incoming students to have a series of shots. Incoming students exposed to closed environments can harbor illnesses, such as dorms, classrooms and recreational centers.

Lifestyle changes can cause stress and affect the health of college students. Getting well as quickly as possible is vital for students as missing class sets them back academically and even financially.

The American College of Obstetricians and Gynecologists recommends that women between the ages of 21 and 29 have a pelvic exam every year. These young college women are also seeking forms of birth control during their visits.